Bridge Counseling Associates

DUI Programming
Nevada Safety Summit
November 7, 2012
Bridge Counseling Associates

- Non-profit established as “Operation Bridge” in 1971.
- Currently certified by SAPTA (State of NV) for Comprehensive Assessments, Co-Occurring Disorders, & Outpatient Treatment.
- Currently have 40 therapists that are co-credentialed (substance abuse & mental health).
- Provide services to DUI, Child Welfare, Federal, & Adolescent populations – majority of agency clients are court mandated.
- Services in Spanish & English.
- Utilization of Evidenced-Based Practices.
- Offering DUI programming since 1999.
Current Location

1640 Alta Drive #4
16,500+ sq. ft.

Individual Counseling Offices, Group Rooms, UA facilities, Training Room & Observation Room for Live Supervision
Rationale for DUI Treatment

- **Treatment Reduces Crime** *(SAMHSA, TIP 44).*
- Want to STOP Recidivism.
- Individuals who meet criteria for Substance Dependence have “reason” that they are using – trauma, mental health issues, family struggles, etc.
- Need to get to the issues that are leading the individual to use substances at the level that they are.
- Goal is to move beyond
  
  *First Order Change – Stopping Use (Behavior)*

  *Second Order Change – Fundamental Change in the Person (Self/World View)*
Working with Mandated Clients

- Majority of clients enter treatment not believing that they have a problem or issue.
- They see the problem as the court, cops, society, etc.
- Utilize Evidenced-Based Practices.
- Motivational Interviewing & Cognitive Behavior Therapy.
- Goal – gradually work with client toward their own realization of the impact of their substance use on themselves, family & community.
- Work through “Thinking Errors” (i.e. “I drive better when I am drunk”).
- Focus on underlying issues that have led to substance abuse – family of origin, trauma, mental health & family.
DUI Programming

- DUI Court Program (Moderate) – 2 DUI’s – One year of treatment.
- Felony DUI Program (Serious) – 3 DUI’s – 3 years of treatment.
- Bridge Counseling Program Directors attend court hearings to coordinate program services.
- Clients are referred to agency based on location, client need, and availability.
- Ongoing communication with court case managers for ongoing supervision & monitoring.
Program Outline

- Upon referral to agency, client completes a Comprehensive Assessment (substance abuse & mental health).
- Level One – 2 groups & 1 individual weekly - $50.00
- Level Two – 1 group & 1 individual weekly – $40.00
- Level Three (Felony program only) – 1 group or individual weekly - $30.00
- Level Four (Felony program only) – 1 group or individual every other week - $15.00

Length of stay for clients in each level is dependent upon individual client progress – Level changes approved by court
Additional Program Requirements

- AA meetings – 2 hours per week (court required).
- Community Service – as determined by court.
- Victim Impact Panel.
- Driving Restrictions – Breath Interlock Device (BID) on any car attached to residence.
- Drug Testing – in agency & coordinated with court system.
- House Arrest – 3 mo. for DUI Program/6 mo. Felony
- Court attendance & hearings – individualized depending on client progress.
Coordination with the Court

- Staff in attendance at court hearings – pre-court staffing with team members (judge, providers, house arrest, case managers, PD, DA, & private attorneys).
- Attend court hearings to provide input, support, and treatment recommendations.
- Provide information to the court coordinators on attendance, participation, fee balances, & compliance.
- Immediately report any violations to court – driving without BID, relapse, noncompliance.
- Level changes and changes to treatment approved by court.
Outcomes . . .

- DUI Court Program (Moderate) – 1400 referrals since onset; 72% graduation rate; 4.8% recidivism (re-offend with DUI) of all graduates; data for all three current treatment providers.

- Felony DUI Program – Program retention is 76%; 94% of total DUI’s & 87% of lifetime arrests occurred prior to admission into the program.

#1 GOAL OF THE DUI PROGRAMMING IS . . .
PUBLIC SAFETY!
Contact Information

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