

STAYING SAFE DURING YOUR RIDE

Bicycle Safety is Everyone's Responsibility

Nevada's laws classify bicycles as vehicles on our roadways. They have the same rights and responsibilities as any other vehicle on the road. Bicycling may not be as attractive during our summer months, but it is an inexpensive alternative to driving a vehicle and is great exercise, too. Staying safe on our roads is everybody's responsibility.

SAFETY AS EASY AS 1-2-3

1. WEAR A WELL-FITTED HELMET

You should wear a helmet every time you ride. Like a seatbelt in a car, wearing a helmet is one of your best defenses against serious injury in the event of a collision.



Better the helmet than your head! This helmet might have saved this person's life.

2. DRIVE DEFENSIVELY & PREDICTABLY

All drivers and riders should be alert & attentive of their surroundings. Obey all traffic signals and make your intentions known when making turns or stops.



3. SHARE THE ROAD RESPECTFULLY

Nevada law requires motorized vehicles give bicyclists 3 ft. of space when passing, especially when no bike lane is available. Riding on sidewalks is not safe.

BICYCLE HELMET FITTING



Your helmet should fit snugly on your head. The straps should be adjusted until they are touching right under and in front of your ears. You should be able to fit two fingers between your eyebrows and the bottom of the helmet and between the chin strap and your jaw.



MAILING ADDRESS:
1701 W. CHARLESTON BLVD, SUITE
490
LAS VEGAS, NV 89102

FACULTY AND STAFF

Deborah A. Kuhls, MD, FACS, FCCM
Principal Investigator

Paul Chestovich, MD, FACS
Co-Investigator

Laura K. Gryder, MA
Project Director
Email: Laura.Gryder@unlv.edu

Samantha Slinkard
Research Assistant
Email: Samantha.Slinkard@unlv.edu



<http://bit.ly/UNLVSOMTrend>

THIS PROJECT IS SPONSORED BY
GRANT FUNDING FROM



Nevada Department of
Public Safety
Office of Traffic Safety

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